

## APOLLO DIA CHECK

Rs. 2,750



The Apollo Dia Test is a comprehensive package designed especially for Diabetes patients. The package aims not only in identifying the sugar levels of the body also in identifying the complications related to diabetes, at the earliest stage, offering the best chance to limit their progress, includes :

### Day 0

- Fasting blood glucose
- Post prandial blood glucose
- HbA1C
- Complete blood picture
- Complete urine examination
- Lipid profile
- ECG
- Blood urea
- Urine microalbuminuria
- Serum creatinine
- SGOT
- SGPT
- Foot examination
  - Ankle Brachial Index (ABI)
  - Foot pressure analysis (using biothesiometer)
  - Foot scan
- Eye examination
- Patient family education
- Medical Nutritional Therapy (MNT)
- Life Style Modification (LSM)
- SMBG / Insulin delivery training

### Day-365 : End year follow-up

- Fasting blood glucose
- HbA1C
- Serum creatinine
- Microalbuminuria
- Lipid profile
- ECG
- MNT / LSM / SMBG review counselling

Final Assessment Report

## APOLLO FUTURE CHECK – BASIC

Rs. 8,500



### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential count, ESR, PLT, Peripheral smear, Complete urine analysis & Stool examination, Stool for occult blood
- **Histopathology** : Pap Smear (women)
- **Biochemistry** : GTT, Creatinine, Urea and Uric acid, Lipid profile (Total cholesterol, HDL, cholesterol, LDL cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP, Alkaline Phosphate, Bilirubin), PSA (Prostate Specific Antigen), S. Electrolytes, HbA1C, TSH, Homocystine, Calcium
- **Microbiology** : Test for HbsAg., HIV, HCV
- **Blood Bank** : Blood grouping-Rh typing

### Cardiology Investigations

- ECG (Resting), Stress Test (TMT) 2D Echo

### Radiology Investigations

- X-Ray (chest), Ultrasound (upper abdomen screening), C.T. Scan Brain

### Lung Investigation

- Pulmonary function test

### Eye Check

- Visual acuity, Eye pressure, Fundoscopy

### Examination & consultations by :

- Diet Counseling
- Consultant Internal Medicine
- Consultant Gynaecologist
- Consultant Ophthalmologist
- Consultant Cardiologist

## APOLLO FUTURE CHECK – ADVANCE

Rs. 11,000

### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential Count, ESR, PLT, Peripheral smear, Complete urine analysis & Stool Examination, Stool for occult blood
- **Histopathology** : Pap Smear (women)
- **Biochemistry** : GTT, Creatinine, Urea and Uric Acid, Lipid profile (Total Cholesterol, HDL, Cholesterol, LDL Cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP, Alkaline Phosphate, Bilirubin), PSA (Prostate Specific Antigen), S. Electrolytes, HbA1C, TSH, Homocystine, Calcium.
- **Microbiology** : Test for HbsAg., HIV, HCV
- **Blood Bank** : Blood grouping-Rh typing.

### Cardiology Investigations

- ECG (Resting), Stress Test (TMT) 2D Echo

### Radiology Investigations

- X-Ray (chest), Ultrasound (Upper Abdomen Screening), C.T. Angiogram

### Lung Investigation

- Pulmonary function test

### Eye Check

- Visual acuity, Eye pressure, Fundoscopy

### Examination & consultations by :

- Diet Counseling
- Consultant Internal Medicine
- Consultant Gynaecologist
- Consultant Ophthalmologist
- Consultant Cardiologist

## APOLLO FUTURE CHECK – PREMIUM

Rs. 14,750

### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential Count, ESR, PLT, Peripheral smear, Complete urine analysis & Stool Examination, Stool for occult blood
- **Histopathology** : Pap Smear (women)
- **Biochemistry** : GTT, Creatinine, Urea and Uric Acid, Lipid profile (Total Cholesterol, HDL, Cholesterol, LDL Cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP, Alkaline Phosphate, Bilirubin), PSA (Prostate Specific Antigen), S. Electrolytes, HbA1C, TSH, Homocystine, Calcium.
- **Microbiology** : Test for HbsAg., HIV, HCV
- **Blood Bank** : Blood grouping-Rh typing.

**Cardiology Investigations** : • ECG (Resting), Stress Test (TMT) 2D Echo

**Radiology Investigations** : • X-Ray (chest), Ultrasound Whole Abdomen, C.T. Angiogram, Mammogram (women above 40 yrs) and Bone DEXA (Women above 40 yrs & men over 60 yrs)

**Lung Investigation** : • Pulmonary function test

**Eye Check** : • Visual acuity, Eye pressure, Fundoscopy

**Examination & consultations by** : • Diet Counseling  
• Consultant Internal Medicine • Consultant Gynaecologist  
• Consultant Ophthalmologist • Consultant Cardiologist

For appointments Call 60601066



Organization Accredited  
by Joint Commission International



**Apollo Hospitals**  
—HYDERABAD—  
touching lives

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Apollo Hospitals, Hyderabad is the first hospital with International Accreditation in A.P.  
& first hospital in the world to be certified for management of Acute Stroke.



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# Apollo Health Checks

PACKAGE  
INFORMATION

## APOLLO HEALTH CHECKS

Apollo Health City, Hyderabad a pioneer in Healthcare has roped in preventive medicine to cater to your needs as - prevention is better than cure.

### Why Apollo Health Check?

The Apollo Health Check offers you following comprehensive packages especially designed to suit your individual needs. It not only assesses your present health status, but also screens you for any risk factors and thus helps you to take valuable steps to prevent or cure any further major illness. Hence, Apollo Health Check includes clinical assessment and specialized consultation with a comprehensive medical summary card.

### Instructions to undergo Health Check

- Kindly take prior appointment
- Please ensure you are on complete fasting for 12 hours prior to check
- Do not take any medications, alcohol, cigarettes, tobacco or any other liquid (except water) in the morning
- Bring a stool sample in a container if possible (Containers are available at the MHC center)
- Please bring all your medical prescriptions and previous medical records with you
- Please wear two piece loose comfortable clothes and sports shoes, if possible
- Kindly inform the MHC reception in case you have a history of Diabetic or Cardiac problems.

### For Women

- Pregnant women or those suspecting pregnancy are advised not to undergo any X-Ray test
- It is advisable not to undergo any Health Check during your menstrual cycle

## APOLLO MASTER HEALTH CHECK

Rs. 2,650



### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential Count, ESR, PLT, Peripheral smear, Complete urine analysis & Stool Examination
- **Histopathology** : Pap Smear
- **Biochemistry** : GTT, Creatinine, Urea and Uric acid, Lipid Profile (Total cholesterol, HDL cholesterol, LDL cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP), Serum Calcium
- **Microbiology**: Test for AIDS, Test for HbsAg
- **Blood Bank** : Blood grouping - Rh typing

### Cardiology Investigations

- ECG (Resting)

### Radiology Investigations

- X-Ray (chest), Ultrasound (upper abdomen screening)

### Examination & consultations by

- Consultant Internal Medicine
- Consultant Gynaecologist

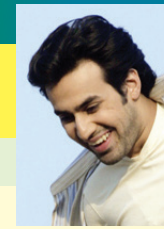
Overall review of Health Check findings and counselling by Consultant Internal Medicine

### On Examining Consultant's Recommendation

- Diet Counselling

## APOLLO EXECUTIVE HEALTH CHECK

Rs. 3,750



### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential Count , ESR, PLT, Peripheral smear, Complete urine analysis & Stool examination.
- **Histopathology** : Pap Smear
- **Biochemistry** : GTT, Creatinine, Urea and Uric acid, Lipid Profile (Total cholesterol, HDL cholesterol, LDL cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP), Serum Calcium
- **Microbiology**: Test for AIDS, Test for HbsAg
- **Blood Bank** : Blood grouping - Rh typing

### Cardiology Investigations

- ECG (Resting), Stress Test (TMT)

### Radiology Investigations

- X-Ray (chest), Ultrasound (upper abdomen screening)

### Lung Investigation

- Pulmonary Function Test

### Eye Check

- Visual acuity, Eye pressure, Fundoscopy

### Examination & consultations by

- Consultant Internal Medicine
- Consultant Gynaecologist
- Consultant Ophthalmologist

Overall review of Health Check findings and counseling by Consultant Internal Medicine

### On Examining Consultant's Recommendation

- Diet Counseling

## APOLLO HEART CHECK

Rs. 5,500



### Lab investigations

- **Haematology** : Hb, PCV, RBC, MCHC, MCV, MCH, Total WBC, Differential count, ESR, PLT, Peripheral smear, Complete urine analysis & Stool examination
- **Histopathology** : Pap Smear
- **Biochemistry** : GTT, Creatinine, Urea and Uric acid, Lipid Profile (Total cholesterol, HDL cholesterol, LDL cholesterol, Triglycerides, Cardiac risk ratio), Liver Function Test (Total protein, Albumin, Globulin, ALT, AST, GGTP), PSA (Prostrate Specific Antigen), Serum Calcium
- **Microbiology**: Test for AIDS, Test for HbsAg
- **Blood Bank** : Blood grouping - Rh typing

### Cardiology Investigations

- ECG (Resting), Stress Test (TMT), 2D ECHO

### Radiology Investigations

- X-Ray (chest), Ultrasound (upper abdomen screening)

### Lung Investigation

- Pulmonary Function Test

### Eye Check

- Visual acuity, Eye pressure, Fundoscopy

### Examination & consultations by

- Consultant Internal Medicine, Consultant Gynaecologist, Consultant Ophthalmologist, Consultant Cardiologist

Overall review of Health Check findings and counseling by Consultant Internal Medicine

### On Examining Consultant's Recommendation

- Diet Counseling

## APOLLO CHILD HEALTH CHECK

Rs. 850



(Empty stomach is not required)

### Lab investigations

- Blood grouping & Rh typing, Complete Blood Count (CBC), Routine urine examination, Stool routine examination & Mantoux Test

### Radiology Investigations

- Chest X-ray

Overall review of Health Check findings and counseling by Consultant Paediatrician.

## APOLLO WELL WOMEN CHECK

Rs. 2,200



(Preferably for ladies above 35 years or as advised by the consultant)

### Lab investigations

- Random Blood Sugar, Complete Blood Count (CBC), Routine Urine Examination

### Radiology Investigation

- Chest X-Ray

### Gynaec Examination

- Ultrasound (pelvic screening), Pap Smear, Breast Examination & Mammography.

Clinical examination & consultation by

- Gynaecologist