

# GENERAL MEDICINE & PREVENTIVE HEALTH CHECKS

## PREVENTIVE HEALTH CHECKS

The Hospital offers Comprehensive Health check Programs at a convenient package cost, which includes tests, medical, wellness and fitness advice especially aimed at the visiting traveller to promote and improve the quality of life by monitoring and suggesting lifestyle management.

### PREVENTIVE HEALTH CHECK OPTIONS:

#### ◆ Master Health Check

A complete body investigation for both men and women. Recommended for men and women above the age of 30.

#### ◆ Comprehensive Health Check

Health screening with more detailed information on heart and lungs - for smokers and those who lead stressful lives. Recommended for women and men above the age of 35.

#### ◆ Heart Check

A comprehensive set of tests providing complete information on the state of one's cardiovascular system. Recommended for persons at an age when or in circumstances in which possible cardiac failures may occur.

#### ◆ Whole Body Check

A comprehensive general health screening that includes eye, ENT and dental check-ups.

#### ◆ Well Woman Check

Screening for gynaecological and breast risks, apart from 2 general tests. Recommended for women above the age of 35.

#### ◆ Child Health Check

Health screening to evaluate the health of a child and monitor the growth and nutritional status of children. Recommended for children between the ages of 4 to 16.

#### ◆ Diabetes Check

Recommended for individuals having high cholesterol, blood pressure problems, etc.



Sonomammography

