

PHYSIOTHERAPY & REHABILITATION



Patient undergoing Physiotherapy

DEPARTMENT OF PHYSIOTHERAPY

Physiotherapy helps patients to develop, maintain and restore maximum movement and functional ability throughout their lifespan.

Physical therapy interventions include:

- ◆ **Exercise Therapy** - using the knowledge of biomechanics and the skills of exercise therapy, the therapist formulates the exercise regimen.
- ◆ **Electrotherapy**
 - Traction
 - Ice therapy
 - Interferential Therapy
 - Short Wave Diathermy
 - Faradic & Galvanic stimulation
 - Wax bath & hot packs.

Physiotherapy Facilities



INDICATIONS

- ◆ Back & Neck pain
- ◆ Spinal & Joint conditions such as Arthritis
- ◆ Biomechanical problems & Muscular Control
- ◆ Cerebral palsy and Spina Bifida
- ◆ Heart & Lung conditions such as COPD
- ◆ Sports related injuries
- ◆ Headaches (cervicogenic & Tension type)
- ◆ Stress Incontinence
- ◆ Neurologic problems such as Stroke