

Dr. Sajan Hegde MBBS, MS (Ortho)
Consultant spine surgeon
Apollo Hospitals, Chennai



Dr. Sajan Hegde, acclaimed internationally as a renowned spine surgeon heads the Spine Unit at Apollo Hospitals, Chennai and is the first Indian to receive prestigious Cotrel Spine fellowship. He has pioneered in the use of many modern instrumentation systems, for example, the Cotrel – Dubousset, the Moss Miami, and the Ray cages (PLIF), BAK cages and the Harms Mesh Systems in India. He is the first Indian surgeon who has designed in collaboration with an international spine company, a comprehensive spinal instrumentation system for anterior fixation in a variety of spinal problems including spinal deformities, tumors, infections and injuries. The system is awaiting FDA clearance and will be marketed internationally. Indeed, he is a teacher in DNB teaching program and also for spine fellowships where he trains the aspiring surgeons from India and abroad.

SURGICAL EXPERTISE:

- Spine surgery
- Deformity surgery

QUALIFICATIONS AND FELLOWSHIPS:

1980	MBBS	Maharaja Sayaji Rao University, Baroda
1985	MS (ortho)	Maharaja Sayaji Rao University, Baroda

ACADEMIC ACHEIVEMENTS:

- Member of different associations across world wide such as Indian Orthopedic Association (I.O.A), Association of Spine Surgeons of India (ASSI), Groupe International cotrel dubousset (GICD), Spine trauma study group – USA
- Conducted workshops nationally and internationally on spine surgery.
- Introduced Arthroplastic reconstruction of the lumbar and cervical discs with artificial discs in India.
- Participated in several international conferences on the different facet of spine surgery.
- Pioneer in the use of modern instrumentation systems.